



## **Strep Throat** *(Streptococcal Pharyngitis)*

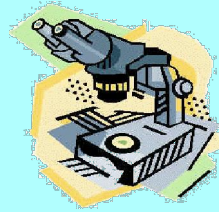
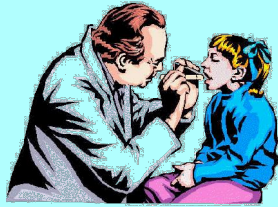
### **CAUSE AND COMMUNICABILITY**

- Caused by group A Beta hemolytic streptococcus, a bacteria
- Contagious for weeks or months without treatment
- Generally not contagious within 24 hours after antibiotics started
- Transmitted by direct or close contact



### **SYMPTOMS**

- Sudden onset of sore throat
- Fever 102°- 104°
- Vomiting or abdominal pain; lack of appetite
- Headache
- Listlessness
- Difficulty swallowing
- Thick or muffled (not hoarse) voice
- Rash
- Tonsils and throat: red, swollen, with yellow pus
- Glands in neck may feel large and tender



## DIAGNOSIS

- Rapid direct antigen test or throat culture positive for group A beta-hemolytic streptococcus



## TREATMENT

- Antibiotic
- No school, avoid contact with other people until child has been on antibiotic for 24 hours and the temperature has been normal for 24 hours
- Encourage fluids: popsicles, jello, juice etc.



## FOLLOW -UP

- Call your health care practitioner immediately if there is an adverse reaction to medication
- Call health care practitioner if child is not improved within 48 hours

## **OTHER POSSIBLE CAUSES OF SORE THROAT**

- Infectious mononucleosis
- Virus

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